



## DEN NORSKE EURYTHMIHØYSKOLE

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### UP-GRADING YOUR EURYTHMY DIPLOMA TO A BACHELOR DEGREE AT DEN NORSKE EURYTHMIHOYSKOLE

There are two options for up-grading your diploma to a Bachelor degree at Den norske Eurytmihøyskole (University College of Eurythmy in Norway): **BACI Program A (Part-time) and BACI Program B (Full-time).**

#### **BACI Program A: Part-time**

**Entrance Requirements:** Eurythmists with a eurythmy diploma from a recognized eurythmy training and at least a high school diploma can apply for the part-time Bachelor Up-grading course (BACI). Students on this course must also have adequate documented pedagogical experience as a eurythmy teacher to be accepted. Pedagogical training is not a part of the course. In addition, students on the program should be able to enter into the artistic in a relatively short time and practice independently between sessions.

**Dates:** The course takes place in three modules:

Module 1: Sunday, October 10<sup>th</sup> – Thursday, October 21<sup>st</sup>, 2010.

Module 2: Saturday, February 19<sup>th</sup> -- Thursday, February 24<sup>th</sup>, 2011.

Module 3: Sunday, July 3<sup>rd</sup> -- Friday, July 8<sup>th</sup>, 2011.

All sessions begin at 9.00 am on first day and end at 1:00 p.m. on the last day except July 8<sup>th</sup>, which will end at 16:00 p.m.

#### **Mode of Instruction:**

While on-site, students will receive individual and group instruction and guidance from the teachers on the course. Students are expected to practise the solo and group pieces between sessions with mentors in their own location. Solo and group eurythmy performances will be public. An external examiner will be present to assess the capacities of each student and students will have a maximum of 2 chances to re-take each of the exams in the event of a fail.

The sessions and practice are an opportunity to refresh your artistic eurythmy with experienced teachers who encourage each student to fulfil their eurythmic potential. For

many who have been teaching in schools, for example, this will be a welcome and enlivening experience.

### ***Description of the Course of Studies:***

Each session will focus on the following:

Module 1:

- Students will choose one solo form by Rudolf Steiner in speech eurythmy and in tone eurythmy to work on individually and present in Module 2.
- Students will begin work on group pieces that will be presented in Module 3.
- Classes in speech formation and music theory/ listening skills. Students may choose to take the music theory exam in the 1<sup>st</sup> module or wait until the 2<sup>nd</sup> module.
- Discussion in preparation for the pedagogical assignment takes place in this session. A 7-10 page written assignment on pedagogical eurythmy is due in February.

Module 2:

- Each student will choose another poem and piece of music (without a given form) to shape artistically in a way that reflects a grasp of underlying eurythmic principles. Presented in Module 3, accompanied by a short oral presentation of the artistic process and eurythmic elements. The written version of the talk is due June 1<sup>st</sup>.
- Presentation of poems in epic, lyric, and dramatic styles for speech formation graduation and an exam in music theory/ listening skills.
- Pedagogical written work due.

Module 3:

- Performance of solos with an oral presentation, and the group pieces. The graduation ceremony will take place at the end of this session and diplomas will be presented.

### ***Graduation Requirements for the BACI program A:***

Students who enter the up-grading course have to fulfil the same requirements as our graduating students. These are:

- 1) **Pedagogy:** Participants can demonstrate teaching competence with a written presentation based on their experience as a teacher. We will discuss the nature of this assignment in October and the written work will be due in February. We will provide guidelines on how to structure your writing and formulate what you want to say.
- 2) **Music Theory:** Competence in music (including listening skills) is a pre-requisite for graduation. It will be possible to do the test for music skills already in October for those who are well-prepared. Music instruction will be offered in the first module but those who require more assistance should seek further help in their local area. The music skills test will be offered again in February if required.
- 3) **Speech Formation:** Instruction in speech formation as well as guidance in choosing poems for epic, lyric, and dramatic speech will be given in October. You are encouraged to bring your own suggestions for your individual work when you come in October. The final speech presentation will be in February.
- 4) **Tone and Speech Eurythmy:** Eurythmy competence will be practised and presented in three ways:

- a) Group forms in speech and tone will be developed through the three modules together and will be presented in June. The focus here is on working together creatively with a clear focus on the artistic task at hand.
  - b) You may choose two solo Steiner forms (one speech, one tone) to work on between October and February. Here the focus is on individual creative initiative and a grasp of the intention expressed in the form. Performance: February 22-24, 2011.
  - c) From February until June, each eurythmist can choose a piece of music and a poem to form artistically. Here the focus is on the grasp of eurythmic principles in bringing a poem or piece of music to expression. One part of this task will be the artistic presentation itself and the other part will be articulating the process and creative decisions you have made. The written part of this assignment is due June 1<sup>st</sup>. The solos and talks will take place on July 7 – 8, 2011.
- 5) **Fees:** The course costs are 12,000 Norwegian kroner, including the obligatory OAS payment, payable in two parts: 6000 nok at the beginning of the 1<sup>st</sup> module and 6000 nok payable at the beginning of the 2<sup>nd</sup> module.

### ***BACI Program B: Full-time***

**Requirements:** Students on this course have completed a eurythmy training in a recognized eurythmy training and have at least a high school diploma. Students who are recently graduated or are looking for more individual attention with new teachers will welcome the opportunity for a 5<sup>th</sup> year. Students will participate in the eurythmy classes with the 3<sup>rd</sup> year in the autumn term, work on solos with a pianist and a speaker weekly and receive mentoring from the eurythmy teachers, and have the opportunity to fulfil their pedagogical requirements with classes on pedagogy and a 3 week practicum in a Steiner school. After Christmas, students will work more individually and creatively with other students or the ensemble creating a eurythmy program for Easter to fulfil their remaining requirements for the Bachelor degree.

#### **Dates and Description of the Course of Studies:**

**First term** (August 16 – December 17, 2010):

- a) Until Autumn break (Week 40, 2 – 10 October), students will have preparatory classes in educational eurythmy as well as artistic eurythmy. In weeks 41 – 43 (11 – 30 October), students will be on practicum in a Steiner school. BACI students can arrange to take this practicum abroad as long as the eurythmy school has a good contact with the eurythmy mentor in that school. Students with an extensive background in pedagogy may be exempt from this requirement. Discuss with the Course Leader. Practicum report due 8. November.
- b) Themes for speech eurythmy (with Coralee Schmandt) are the Soul Calendar (in German), dramatic eurythmy, and English eurythmy. In tone eurythmy (with Ragnhild Fretheim), harmony and choral eurythmy are themes. Students may be able to meet the requirements for group pieces in this term together with the students in the class.
- c) Music theory, speech formation and anthroposophy classes take place 2 times a week. At the end of the autumn term, BACI students can sit a music theory exam and

take the speech formation examination in lyric, epic and dramatic poetry.

Anthroposophy classes are optional for BACI students.

d) Solos: Students choose one poem and one piece of music with a form of Rudolf Steiner with help from the teachers at the beginning of the term. Solo practice takes place after school (15.30) Tuesdays and Thursdays with a speaker or a pianist for ½ hour for the duration of the term. Frequent mentoring is provided.

**Second term** (January 10 – April 15, 2011):

If the pedagogical eurythmy, speech formation, music theory, and first solo requirements with a Steiner form have been met in the 1<sup>st</sup> term, this term can be more free and creative. Students can continue to receive instruction in tone eurythmy and speech eurythmy together with the 3<sup>rd</sup> year as well as individualized correction on their next solos as in the first term. In addition, there may be a possibility to either create a eurythmy program, or take part in a eurythmy program with the professional stage group.

a) Solos: Students choose their 2<sup>nd</sup> solos in speech and tone eurythmy with a form of their own which will be presented either before Easter or in June along with a talk on the creative process and the eurythmic elements that were chosen to express this piece artistically. The written version of this talk is due one month before the talk.

b) Students who have not completed their speech formation, music theory or group eurythmy requirements will be expected to do so in this term.

c) Potentially students will have time for more individual practice and group pieces in preparation for a program before Easter. This is dependent on the capacities of each student. Alternatively, students can follow the 3<sup>rd</sup> year curriculum if this is preferable for their development. Individual consultation with the teachers will take place before autumn break and before Christmas to determine the best course for each student.

**Third term:** (27 april – 17 june) It is possible for a student to complete all the requirements for the Bachelor degree before Easter. Students who need more time can continue with the 3<sup>rd</sup> year until June but all requirements should be met within this year.

**Mode of Instruction and Evaluation:**

Students will receive individual and group instruction and guidance from the full-time teachers at DnE. As well they will receive individual mentoring and guidance in their development.

Solo and group eurythmy performances will be public. An external examiner will be present to assess the capacities of each student for the solos and the group pieces that are chosen for evaluation. Students will have a maximum of 2 chances to re-take each of the exams in the event of a fail.

Our intention is to help each student fulfil their artistic potential and give each student the opportunity to take further steps in their development while they fulfil the requirements for the Bachelor degree. The first term gives us the chance to get to know you as a eurythmist. Based on this term, we can offer suggestions for a more individualised course in the second term while completing the remaining requirements for the BA.

**Graduation Requirements for the BACI Program B:** Students in this program are expected to meet the same requirements as the 4<sup>th</sup> year graduating class at DnE .

1) **Pedagogy:** By participating in the pedagogical course and carrying through a 3-week practicum with the requisite report, students can meet this requirement.

2) **Music Theory:** Competence in music (including listening skills) is a pre-requisite for graduation. It will be possible to do the music skills exam at the end of the autumn term or later. Music instruction will be offered twice weekly.

3) **Speech Formation:** Instruction in speech formation will be given throughout the year as well as guidance in choosing poems for epic, lyric, and dramatic speech graduation. The final speech presentation can be in December, March or June. Students are not required to continue taking speech formation after they have completed the exam.

4) **Tone and Speech Eurythmy:** Eurythmy competence will be practised and presented in three ways:

- a) Group forms in speech and tone will be practised together with the 3<sup>rd</sup> year in the autumn and spring terms. The focus here is on working together creatively with a clear focus on the artistic task at hand. These pieces can be used for the group forms or, alternatively, students can prepare items for a performance before Easter and use these pieces for the evaluation.
- b) You may choose two solo Steiner forms (one speech, one tone) to work on in the autumn term. Here the focus is on individual creative initiative and a grasp of the intention expressed in the form. Performance: December, 2010.
- c) In the spring term, each eurythmist can choose a piece of music and a poem to form artistically. Here the focus is on the grasp of eurythmic principles in bringing a poem or piece of music to expression. One part of this task will be the artistic presentation itself and the other part will be articulating the process and creative decisions you have made. The written part of this assignment is due one month before the performance and talk. Performance and talk: April or June 2011.

